

Sample Clinic Parameters and Primary Clinic Focus:



Primary Clinic Focus

Employee Risk Factors, Wellness Coaching,
Wellness Exams and Compliance Monitoring
Acute and Episodic Care
Referral to Specialty Care

Chronic Visits: Chronic Disease Management

High Blood Pressure
High Cholesterol
Diabetes Management
Weight Management
Other Chronic Health Issues
Other Endocrine Illness (i.e. Hypothyroidism)
Smoking Cessation
Nutrition and Exercise Counseling

Acute Visits: Minor Illness/ Sick Visits

Allergy Symptoms
Bronchitis / cough
Earache / ear infection
Flu-like symptoms
Mononucleosis (mono)
Motion sickness prevention
Sinus infection / congestion
Pink eye & styes
Sore throat / strep throat
Upper respiratory infection
Urinary tract/bladder infection
Client Approved Vaccines (Influenza, Shingles,
Hep B, etc.)

Acute Visits: Minor Injury – examples below, EXCLUDES all on-the-job injuries:

Blisters
Bug bites & stings
Corneal abrasions
Deer tick bites
Minor burns
Minor cuts & lacerations
Minor wounds & abrasions
Splinter removal
Sprains / strains (ankle, knee)
Suture & staple removal (but not suturing and
stapling of wound – refer to urgent care,
current office does not offer the sterile
environment needed)

Care Coordination Visits: Referrals

Help to establish a Primary Care Physician
Referrals to Primary Care Physician
Referrals to Dietician

Other Visits: Skin Conditions

Acne
Athlete's foot
Chicken pox
Cold sores & canker sores
Impetigo
Minor infections
Minor rashes
Oral / mouth sores
Poison ivy / oak
Scabies
Shingles
Styes
Sunburn
Wart evaluation

Services Outside of Clinic Parameters – examples below, but not limited to this list:

Chronic Pain
Anxiety Conditions
Anxiety Medication
Women's Health (pap smears, pelvic exams)
ALL on the job injuries

The nurse practitioner/physician assistant can also write prescriptions. If your primary care physician has written a prescription for you, the nurse practitioner/physician assistant can do an emergency refill and may require you to follow up with your primary care physician that wrote it, for further refills. Our goal is to work in conjunction with your primary care physician, and not to replace them. If you do not have a primary care physician, please see the nurse practitioner/physician assistant so we can help you establish a relationship with a primary care physician. This is important because there may be times that you may need a service outside of the scope of services listed above, that will require the nurse practitioner/physician assistant to refer you to a primary care physician.

If you are interested in a service that is not listed above, please see the nurse practitioner/physician assistant or email your inquiry to: katiek@synergyhealthcare.net. This is a sample of clinic parameters to give a general idea of clinic services. Our nurse practitioners/physician assistants bring extensive knowledge to our clinics and will assist in your medical care to the best they can within their scope of practice.